

Board of Directors of Drugless Therapy NATUROPATHY

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Commonly Used Diagnostic and Therapeutic Procedures Approved for use by NDs in Ontario

The following is a list of diagnostic and therapeutic procedures, compiled from current Board policies and from recent submissions made to government, that are commonly used in naturopathic medical practice in Ontario. If there are specific questions related to procedures not listed below please direct them to the BDDT-N for clarification.

Diagnostic Procedures:

- Case History
- Physical Examination using standard medical diagnostic equipment and including breasts and genitalia
- Laboratory Diagnosis including blood, urine, stool and cultures

Many NDs also use other methods and devices to provide adjunctive information to support a diagnosis made using the above procedures. Registrants are required to notify the BDDT-N when they are using these techniques and devices in their practice.

Therapeutic Procedures include the integrated use of:

- Clinical Nutrition including dietary recommendations and nutritional supplementation
- Botanical Medicine
- Oriental Medicine and Acupuncture
- Homeopathic Medicine
- Mechanotherapy including Manipulation of the Spine and Extremities
- Lifestyle Modification and Public Health
- Physical Therapeutic Procedures including heat/cold, light, ultraviolet, infrared, electrical pulsation, magnetic field, therapeutic ultrasound, diathermy, interferential, cold laser, hydrotherapy, colon therapy, traction, naturopathic massage, exercise and others.
- Counseling

In addition to the above, naturopathic doctors are permitted to use other therapies such as Bowen Therapy, CranioSacral Therapy, NAET, Allergy/Sensitivity Challenge Testing, etc. if they can demonstrate proper training and they have notified the BDDT-N of what techniques they are using.

Special Certification:

NDs may also be permitted to perform Parenteral Therapies (Intravenous) using substances approved for use by NDs in this province if they have met the specific requirements set out by the BDDT-N for Certification in this modality. The requirements include additional education and practical training, specific Board examinations and continuing education.
