

# ***Board of Directors of Drugless Therapy – Naturopathy***

*September, 2007*

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## **Vision**

*Through their experience of a well regulated profession, all Ontarians regard naturopathic medicine as a vital aspect of their healthcare.*

## **Mission**

*We protect the public by setting high standards for the practice of naturopathic medicine and by providing access to a fair and transparent regulatory process.*

## **Values**

*We honour the principles of naturopathic medicine and value the following: inclusiveness, accountability, transparency, ethical conduct and the evolution of the profession.*

### **Principles of Naturopathic Medicine**

#### **First, Do No Harm (Primum Non Nocere)**

Naturopathic Doctors utilize therapies that minimize the risk of harm and apply the least possible force to restore health.

#### **The Healing Power of Nature (Vis Medicatrix Naturae)**

Naturopathic Doctors recognize and support the inherent self-healing ability of the individual.

#### **Identify and Treat the Cause (Tolle Causum)**

Naturopathic Doctors seek to identify and treat the underlying causes of disease.

#### **Doctor as Teacher (Docere)**

The primary role of the Naturopathic Doctor is to educate and support each patient in taking responsibility for their health.

#### **Treat the Whole Person**

Naturopathic Doctors recognize that health results from a complex interaction of many factors and focus on treatment of the whole person through individualized care.

#### **Focus on Prevention**

A primary objective of the Naturopathic Doctor is the prevention of disease through encouraging a healthy lifestyle and controlling risk factors.